

# Loving Your Children

# 爱你的孩子



# I Must Understand My Children 我需要理解我的孩子

- ▣ “By wisdom a house is built.”  
“智慧建造房屋”
- ▣ “Training that is suited to the child will not be wasted.”  
“按照适合孩子的方式来教养，这样的训练不会白费”
- ▣ “A man of understanding has patience.”  
“人有见识就不轻易发怒”

# I Must Discipline My Children 我需要管教我的孩子

- ▣ “If you refuse to discipline your son, it proves you don't love him.”

“如果你拒绝管教你的孩子，这说明你不爱他。”

- ▣ “Discipline your children while they are young enough to learn. If you don't, you are helping them destroy themselves.”

“趁着他们还小，可以学习，管教你的儿子。如果不管教，你在帮助他们自我毁灭。”

# Discipline vs. Punishment

## 管教与处罚

### Punishment

#### 处罚

- ▣ Purpose: Penalty for the Past  
目的：对过去的错误进行惩罚
- ▣ Motivation: Anger  
动机：愤怒
- ▣ Result: Fear  
结果：恐惧

### Discipline

#### 管教

- ▣ Purpose: Growth for the Future  
目的：为了将来的成长
- ▣ Motivation: Love  
动机：爱
- ▣ Result: Security  
结果：安全感

# How to Discipline 如何管教

- ▣ Discipline calmly  
平静地管教
- ▣ Discipline quickly  
即时地管教
- ▣ Discipline sparingly  
谨慎地管教

# I Must Express Love to My Children

## 我需要向孩子表达爱

- Through affection  
表达怜爱
- Through affirmation (positive words)  
肯定他（用正面积积极的话语）
- Through attention (listening)  
关注他（注意倾听他说的话）

# I Must Be Consistent with My Children

## 我对孩子一定要言行一致

- Be honest about your mistakes  
对你自己的错误要诚实
- Keep your promises  
信守诺言